

We're excited to have you at our annual Four Parks 5K/10K Race! See some important race information below. This information is also posted to our [website](#).

### Race start, location and bib pick up

Race begins at **11 AM sharp!** Bib pickup begins at **9 AM** at the Joseph Yancey track at Macombs Dam park. Depending on where you enter, just go up the stairs and find the registration tables.

### 10K distance

Start/Finish line will be at the track. If you're running 10K, you're doing the 5K course twice! So once you cross the start line...keep going for lap 2!

### Parking

You can park on the street, but please check signs. There's a Yankees game at 3PM and so make sure to avoid streets that are usually cleared for game days. Read the signs! Since the race is early on a Sunday, there's usually plenty of parking spots on 158th street between Walton Avenue and Grand Concourse.

### Bag check (There is no bag check)

While we do not have an official bag check, you can leave bags by the registration tables and we'll do our best to keep our items together and under supervision. Please note that we're extending this as a courtesy, but we are not responsible for lost items.

### Race route and intersections

Remember that this is a volunteer run event, so help us by using common sense when crossing streets on the course. We'll do our best to make sure we have crossing marshalls and bike marshalls at major intersections! However, ALWAYS check both directions before crossing! Course will be marked with chalk on the sidewalk! Race route is [here](#).

### Post race Happy Hour

Bronx Draffhouse is on 884 Gerard Avenue. We'll head over once the last group of runners have completed the race.

